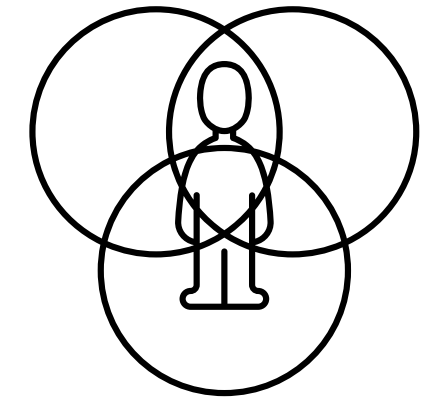
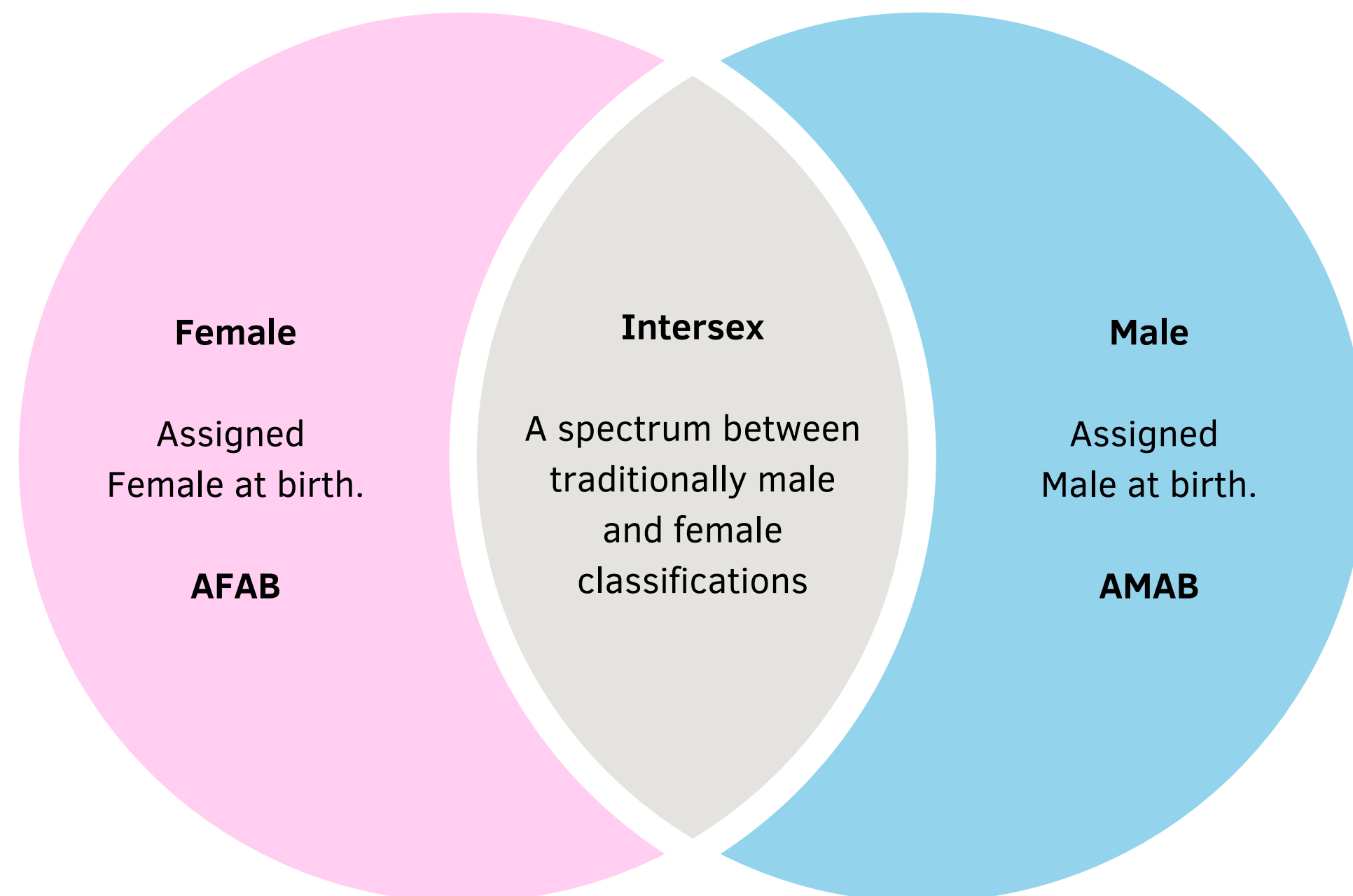


# Sex and Gender



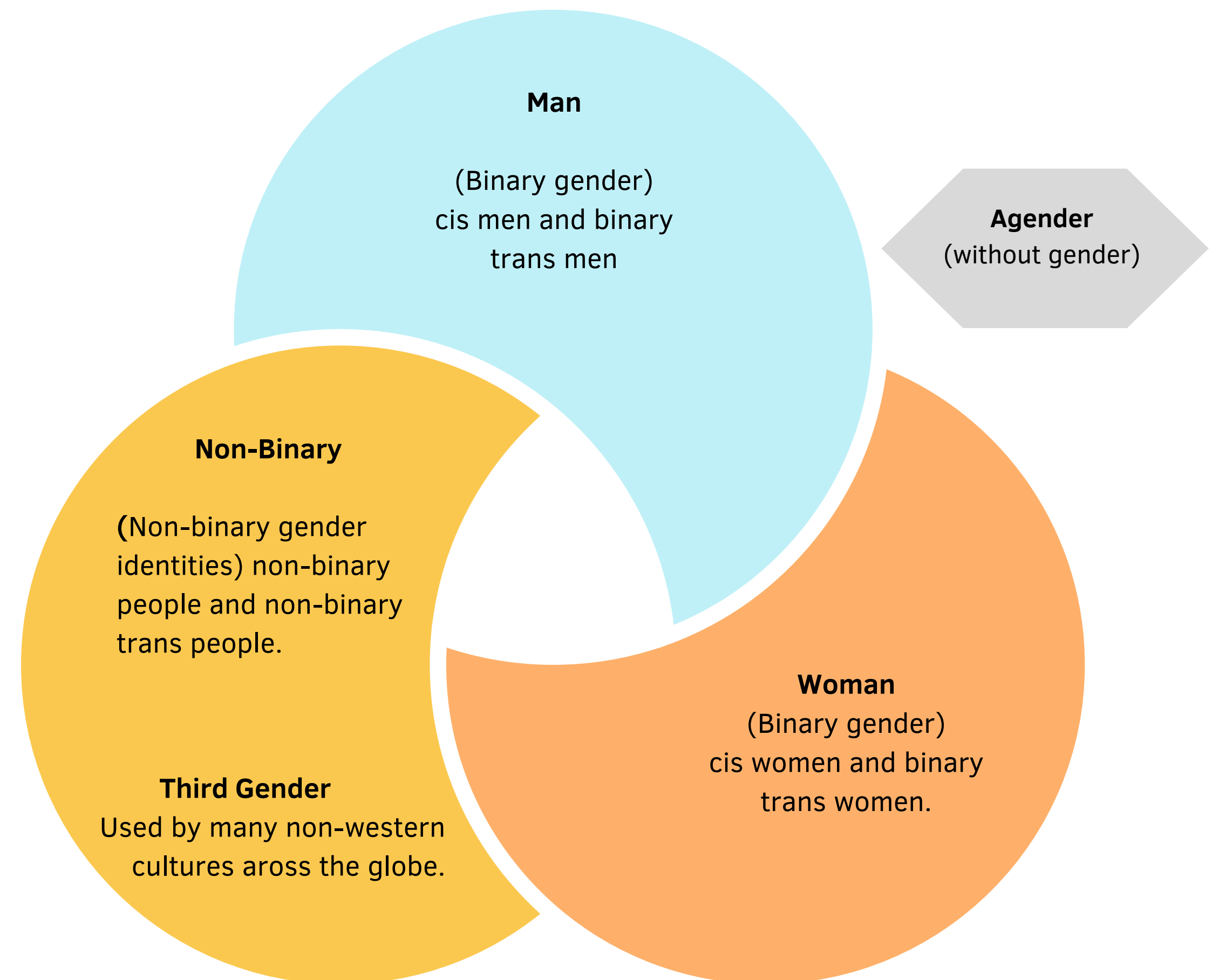
## Spectrum of Sex



**Sex** is assigned at birth based on classifications like external anatomy, chromosomes and hormones. *Sex does not determine a person's gender identity or sexual orientation.*



## Spectrum of Gender



**Gender Identity:** How gender is experienced by the inner self, determined by the individual.

**Gender Expression:** How gender can be (visually and socially) expressed/presented/communicated.

**Intersecting Factors:** The LGBTQ+ community encompasses a wide array of diverse identities, with each individual experiencing unique intersecting factors that shape their experiences. For instance, a person's sex assigned at birth or gender identity may intersect with their race, culture, religion, socioeconomic status, or disability, resulting in complex layers of privilege and discrimination.

# Sexual Orientation

**Sexual Orientation:** the identity term or labels that describe someone's feelings of attraction related to gender



**Pansexual:** Sexual attraction to all genders (regardless of gender). Gender does not play a significant role in their attraction.

**Omnisexual:** Attraction to all genders. Gender can play a significant role in their attraction.

**Polysexual:** Attraction to many, but not all genders. Often occurs as an attraction to a binary gender and multiple non-binary gender identities.



**Bisexual:** Attraction to multiple genders (some, or all). Often described as attraction to the same/similar gender(s) and different genders.

**Abrosexual:** Sexuality is fluid, fluctuating across different orientations (some, or all).

**Multisexual  
Identities**  
 (attraction to  
multiple genders)



**Homosexual (Gay/Lesbian):** Attraction is experienced to the same/similar gender (e.g. between men/men-aligned people and other men/men-aligned people).

**Heterosexual (Straight):** Attraction is experienced to a different gender to one's self.

**Monosexual  
Identities**  
 (attraction to the  
same gender)



**Aceflux:** Identity that continues to shift along/across the ace spectrum.

**Demisexual:** A strong emotional bond must occur before sexual attraction may be felt.

**Greysexual:** Rare and/or weak, and/or ambiguous, sexual attraction is experienced.

**Asexual:** Little to no sexual attraction is experienced to any gender.

**Ace Spectrum Identities**  
 (lack of/limited sexual  
attraction)

Ace-spec identities can  
overlap with monosexual  
or multisexual identities.